



APPROVED

LKF president Aleksandr Pavlov

2019 LITHUANIAN OPEN KICKBOXING CHAMPIONSHIP REGULATIONS

1. Organization and execution

The Tournament is organized by the Lithuanian Kickboxing Federation. Fights will be held under the WAKO kickboxing K1 and Kick Light rules.
Competitor Supervisor – Eduard Špakov.

2. Time and place.

The tournament will take place in Vilnius, 9-10 March 2019.
Place of competition Vytenio g. 6, Vilnius.
Arrival – 8 March from 15⁰⁰.

3. Program

8 March.
15⁰⁰ - 20⁰⁰ – registration, weighing.
Registration will take place at J. Jasinskio g. 14 LT-01112 Vilnius, Europa City hotel.
20³⁰ - 22⁰⁰ – pairing.
9 March.
10⁰⁰ – preliminary fights, semifinals.
10 March.
11⁰⁰ – finals, awards ceremony.

Starting fee is 15 EUR per fighter per discipline.

4. Participants

The participants of the championship must adhere to the following WAKO federation age groups and weight categories:

K-1: age groups: 15-16 y.o.; 17-18 y.o.; 19 y.o. and older;

KL: age groups: 10-11-12 y.o.; 13-14-15 y.o.; 16-17-18 y.o.; 19 y.o. and older.

The fighters must have a valid photo ID, medical examination certificate and an insurance policy.

Preliminary applications for participation must be submitted by 6 March.

Send applications by e-mail to lkf.registracija@gmail.com

In the pre-application, specify:

- club;
- name, surname of the combatant;
- full date of birth;
- weight;
- number of fights

For assistance or any question please contact Gintaras Čepas on phone number:
+3706864298

5. Equipment

All participants must have their own protective gear and uniform according to WAKO rules
<http://www.wakoweb.com>

6. Accommodation

Accommodation - Simonas Kriaučiūnas +370 600 22557:

J. Jasinskio g. 14 LT-01112 Vilnius, Europa City hotel.

1 single room with breakfast	– 30 €
1 double room with breakfast	– 40 €
1 triple room with breakfast	– 55 €

All teams and championship participants must stay at a hotel organized by the organizers.
Reservation of places must be completed by 6 March 2019.

Contacts:

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